Match 4 - Aldershot - 27-July-2026

200m

Race 1 - Men

Position	Club Code	Club Name	Athlete	Age Group	Result	Points
1	P	City of Portsmouth AC	Ronnie Debique	40	24.85	8
2	B	Basingstoke & Mid Hants AC	Neil Barton	45	26.11	7
3	J	Winchester & District AC	Marco Pizzi	40	26.22	6
4	A	Aldershot, Farnham & District AC	Steve Tyler	40	26.99	5
5	C	Southampton AC	Ian Farmer	45	27.94	4
6	F	Fleet & Crookham AC	Stevyn Mills	40	29.02	3
7	O	Overton AC	Gareth Juliff	45	32.91	2
	Lost					1

200m

Race 2 - Men

Position	Club Code	Club Name	Athlete	Age Group	Result	Points
1	PP	City of Portsmouth AC	Mark Vallier	45	25.57	8
2	BB	Basingstoke & Mid Hants AC	Alan Lee	45	25.95	7
3	JJ	Winchester & District AC	Tim Smales	45	27.33	6
4	CC	Southampton AC	Ian Thompson	55	29.03	5
5	AA	Aldershot, Farnham & District AC	Vince Warne	45	30.78	4
6	OO	Overton AC	Chris Dewey	55	31.61	3
7	FF	Fleet & Crookham AC	Mark Budden	45	32.37	2
	Lost					1

200m

Race 3 - Men Hand Timed

Position	Club Code	Club Name	Athlete	Age Group	Result	Points
1	B5	Basingstoke & Mid Hants AC	Vince Elie	60	25.7	8
2	C5	Southampton AC	Steve Beak	60	27.2	7
3	F5	Fleet & Crookham AC	Andy Smerdon	60	29.0	6
4	J5	Winchester & District AC	Philip Krinks	50	30.6	5
5	O5	Overton AC	Neil Martin	50	30.7	4
6	A5	Aldershot, Farnham & District AC	Paul Roker	75	32.1	3
7	H5	Havant AC	James Harrison		32.1	2
8	P5	City of Portsmouth AC	Richard Wheeler	60	36.2	1
	Lost					0

200m

Race 4 - Men

Position	Club Code	Club Name	Athlete	Age Group	Result	Points
1	132	Southampton AC	Tim Beaglehole	65	29.20	
2	135	Guest	Glen Reddington	60	29.82	
3	143	Winchester & District AC	Tim Sorrell	65	34.04	
4	146	Basingstoke & Mid Hants AC	Daniel Keates	35	34.42	
5	133	Basingstoke & Mid Hants AC	Graham Kent	75	36.27	
	Lost					0

Overall Points - Men

Club Name	Points	Position	League
Aldershot, Farnham & District AC	124	2	7
Basingstoke & Mid Hants AC	133	1	8
City of Portsmouth AC	104	5	4
Fleet & Crookham AC	43	6	3
Havant AC	20	8	1
Overton AC	39	7	2
Southampton AC	121	3	6
Winchester & District AC	111	4	5

Summary Check

Number of Events	21
Points per Event	36
Expected Total Points	756
Actual Total Points Awarded	695
Missing Points	61
Sum of Event "Lost" Points	61
Difference	0
Check	OK

200m

Race 5 - Men

Position	Club Code	Club Name	Athlete	Age Group	Result	Points
1	139	Fleet & Crookham AC	Steven Kay	40	29.15	
2	141	Southampton AC	Vic Novell	80	34.52	
3	148	Southampton AC	Sidney DeLara	70	36.43	
4	131	Winchester & District AC	Keith Stone	80	40.23	
5	125	Southampton AC	Peter Haynes	75	41.60	
6	140	Southampton AC	Mike Smears	75	42.73	
	Lost					0

800m

Race 1 - Men

Position	Club Code	Club Name	Athlete	Age Group	Result	Points
1	B	Basingstoke & Mid Hants AC	Peter Watkeys	40	2:04.75	8
2	A	Aldershot, Farnham & District AC	Mark Symes	55	2:09.69	7
3	C	Southampton AC	Andrew Lewis	45	2:12.27	6
4	J	Winchester & District AC	Tim Smales	45	2:16.11	5
5	F	Fleet & Crookham AC	Stevyn Mills	40	2:17.90	4
6	P	City of Portsmouth AC	Ed Mitton	45	2:19.76	3
7	O	Overton AC	Mike Webber	55	2:32.42	2
	Lost					1

800m

Race 2 - Men

Position	Club Code	Club Name	Athlete	Age Group	Result	Points
1	BB	Basingstoke & Mid Hants AC	Ben Hazell	40	2:13.47	8
2	CC	Southampton AC	Peter Sansome	50	2:15.90	7
3	AA	Aldershot, Farnham & District AC	Graham Micallef	45	2:22.99	6
4	JJ	Winchester & District AC	Owen Watts	40	2:23.77	5
5	PP	City of Portsmouth AC	Paul Ingleby	50	2:36.60	4
6	OO	Overton AC	Chris Dewey	55	2:41.42	3
	Lost					3

800m

Race 3 - Men

Position	Club Code	Club Name	Athlete	Age Group	Result	Points
1	A5	Aldershot, Farnham & District AC	Simon Cooper	50	2:16.19	8
2	137	Aldershot, Farnham & District AC	Adam Hewitt	40	2:18.90	
3	C5	Southampton AC	Emlyn Hughes	50	2:21.56	7
4	J5	Winchester & District AC	Nick Ambler	50	2:24.94	6
5	O5	Overton AC	Neil Martin	50	2:32.40	5
6	P5	City of Portsmouth AC	Mahmood Roostaei	50	2:43.34	4
7	B5	Basingstoke & Mid Hants AC	Ian Thompson	50	2:48.91	3
8	F5	Fleet & Crookham AC	Mike Hegesippe	50	2:59.84	2
	Lost					1

800m

Race 4 - Men

Position	Club Code	Club Name	Athlete	Age Group	Result		Points
1	123	Aldershot, Farnham & District AC	Richard Guy Smith	50	2:27.04		
2	134	Winchester & District AC	Andy Gannaway	60	2:33.95		
3	J6	Winchester & District AC	Philip Coleman	60	2:42.71		8
4	P6	City of Portsmouth AC	Mark Hargreaves	65	2:47.93		7
5	B6	Basingstoke & Mid Hants AC	Martyn Underdown	65	2:53.37		6
6	A6	Aldershot, Farnham & District AC	Andrew Hislop	60	3:07.34		5
7	C6	Southampton AC	Sidney DeLara	70	3:18.04		4
	Lost						6

3000m

Race 1 - Men

Position	Club Code	Club Name	Athlete	Age Group	Result		Points
1	A	Aldershot, Farnham & District AC	James Quinlan	35	9:09.71	A.1	8
2	AA	Aldershot, Farnham & District AC	Daniel Quinlan	40	9:21.04	B.1	8
3	C	Southampton AC	Daniel Parker-Hales	35	10:02.47	A.2	7
4	F	Fleet & Crookham AC	Stevyn Mills	40	10:12.52	A.3	6
5	CC	Southampton AC	Kit Lau	45	10:14.96	B.2	7
6	B	Basingstoke & Mid Hants AC	Michal Bursak	40	10:25.66	A.4	5
7	P	City of Portsmouth AC	Tim Beasley	45	10:36.84	A.5	4
8	BB	Basingstoke & Mid Hants AC	Matthew Lovesey	40	10:58.92	B.3	6
9	J	Winchester & District AC	Tim Smales	45	11:06.49	A.6	3
10	OO	Overton AC	Chris Dewey	55	11:10.24	A.7	2
11	FF	Fleet & Crookham AC	Steven Kay	40	11:23.62	B.4	5
12	PP	City of Portsmouth AC	Mahmood Roostaei	50	11:41.79	B.5	4
13	O	Overton AC	Stuart Searle	50	12:10.47	B.6	3
14	JJ	Winchester & District AC	Paul Cox	50	13:08.86	B.7	2
	Lost						2

3000m

Race 2 - Men

Position	Club Code	Club Name	Athlete	Age Group	Result		Points
1	A5	Aldershot, Farnham & District AC	Mark Symes	55	9:46.8750.1		8
2	127	Aldershot, Farnham & District AC	Christopher Tizzard	40	9:50.69		
3	C5	Southampton AC	Emlyn Hughes	50	9:53.8650.2		7
4	147	Southampton AC	Andrew Lewis	45	10:03.30		
5	145	Aldershot, Farnham & District AC	Oliver Stevenson	45	10:06.33		
6	150	Aldershot, Farnham & District AC	Vince Warne	45	10:33.44		
7	137	Aldershot, Farnham & District AC	Adam Hewitt	40	10:38.87		
8	122	Aldershot, Farnham & District AC	Simon Cooper	50	10:41.00		
9	136	Aldershot, Farnham & District AC	Jim Laidlaw	45	10:41.15		
10	144	Aldershot, Farnham & District AC	Richard Batchelor	50	10:44.87		
11	O5	Overton AC	Mike Webber	55	11:02.2050.3		6
12	142	Aldershot, Farnham & District AC	Richard Marland	35	11:19.87		
13	J5	Winchester & District AC	Nick Ambler	50	11:22.2950.4		5
14	129	Basingstoke & Mid Hants AC	James Bate	40	11:24.72		
15	P5	City of Portsmouth AC	Paul Ingleby	50	11:26.2750.5		4
16	P6	City of Portsmouth AC	Mark Hargreaves	65	11:29.69	60.1	8
17	B6	Basingstoke & Mid Hants AC	Mark Slaney	65	11:32.30	60.2	7
18	B5	Basingstoke & Mid Hants AC	Ian Thompson	50	11:50.5250.6		3
19	F5	Fleet & Crookham AC	Mike Hegesippe	50	12:42.2050.7		2
20	C6	Southampton AC	Noel O'Dowd	65	13:44.08	60.3	6
21	A6	Aldershot, Farnham & District AC	Andrew Hislop	60	13:55.67	60.4	5
	Lost						11

2000m Walk

Race 1 - Men

Position	Club Code	Club Name	Athlete	Age Group	Result		Points
1	J	Winchester & District AC	Marcin Wojtowicz	40	10:08.63A.1		8
2	C5	Southampton AC	David Mitchell	50	11:13.77	50.1	8
3	B	Basingstoke & Mid Hants AC	Neil Barton	45	13:07.43A.2		7
4	C	Southampton AC	Andy Morgan-Lee	55	13:21.61A.3		6
5	O	Overton AC	Stuart Searle	50	13:27.40A.4		5
6	J5	Winchester & District AC	Derek Smith	70	13:40.10	50.2	7
7	A	Aldershot, Farnham & District AC	Steve Tyler	40	13:41.56A.5		4
8	A5	Aldershot, Farnham & District AC	George Wallace	70	14:37.58	50.3	6
9	F5	Fleet & Crookham AC	Mike Hegesippe	50	16:17.61	50.4	5
10	B5	Basingstoke & Mid Hants AC	Steffen Rohr	50	16:44.62	50.5	4
	Lost						12

4*200m Relay

Race 1 - Men

Position	Club Code	Club Name	Athlete	Age Group	Result	Points
1	P	City of Portsmouth AC	Mark Vallier, Oliver Feidt, Ed Mitton, Ronnie Debique		1:41.87	8
2	B	Basingstoke & Mid Hants AC	Vince Elie, Neil Barton, Peter Watkeys, Alan Lee		1:42.95	7
3	A	Aldershot, Farnham & District AC	Daniel Quinlan, James Quinlan, Mark Symes, Graham Micallef		1:50.76	6
4	C	Southampton AC	Ian Farmer, Ian Thompson, Steve Beak, Tim Beaglehole		1:52.89	5
5	J	Winchester & District AC	Owen Watts, Tim Sorrell, Tim Smales, Marco Pizzi		1:53.26	4
	Lost					6

Triple Jump

Pool 1 - M35

Position	Club Code	Club Name	Athlete	Age Group	Result	Points
1	B	Basingstoke & Mid Hants AC	Neil Barton	45	10.80	8
2	A	Aldershot, Farnham & District AC	Steve Tyler	40	9.89	7
3	C	Southampton AC	Ian Farmer	45	9.24	6
4	P	City of Portsmouth AC	Tony Hooker	35	9.02	5
5	J	Winchester & District AC	Paul Cox	50	8.30	4
6	F	Fleet & Crookham AC	Mark Budden	45	7.77	3
	Lost					3

Triple Jump

Pool 2 - M50

Position	Club Code	Club Name	Athlete	Age Group	Result	Points
1	C5	Southampton AC	Brian Thompson	50	10.20	8
2	P5	City of Portsmouth AC	Michael D Smith	60	9.04	7
3	J5	Winchester & District AC	Dave Roberts	55	8.58	6
4	F5	Fleet & Crookham AC	Andy Smerdon	60	8.05	5
5	B5	Basingstoke & Mid Hants AC	Andy McCrum	65	8.04	4
6	124	Southampton AC	Michael Coker	65	7.58	
7	A5	Aldershot, Farnham & District AC	Andrew Hislop	60	6.49	3
	Lost					3

Discus

Pool 1 - M35

Position	Club Code	Club Name	Athlete	Age Group	Result	Weight	Points
1	B	Basingstoke & Mid Hants AC	John Dickinson	40	32.91	2.00 Kg	8
2	P	City of Portsmouth AC	Tony Hooker	35	24.94	2.00 Kg	7
3	A	Aldershot, Farnham & District AC	Ian Jennings	55	24.82	2.00 Kg	6
4	J	Winchester & District AC	Paul Cox	50	19.43	2.00 Kg	5
5	H	Havant AC	Paul Hillyard	70	18.11	2.00 Kg	4
6	C	Southampton AC	Kenny Oloro	60	14.32	2.00 Kg	3
7	O	Overton AC	Gareth Juliff	45	10.72	2.00 Kg	2
	Lost						1

Discus

Pool 2 - M50

Position	Club Code	Club Name	Athlete	Age Group	Result	Weight	Points
1	J5	Winchester & District AC	Jeremy Clifton	50	35.70	1.50 Kg	8
2	A5	Aldershot, Farnham & District AC	Allan Leiper	65	32.98	1.50 Kg	7
3	P5	City of Portsmouth AC	Richard Wheeler	60	21.29	1.50 Kg	6
4	B5	Basingstoke & Mid Hants AC	Ashley Ward	50	18.61	1.50 Kg	5
5	H5	Havant AC	Mark Scarborough	65	16.75	1.50 Kg	4
6	C5	Southampton AC	Derek Warn	60	16.27	1.50 Kg	3
	Lost						3

Discus

Pool 3 - Men Non-scoring

Position	Club Code	Club Name	Athlete	Age Group	Result	Weight	Points
1	124	Southampton AC	Michael Coker	65	20.87	1.00 Kg	
2	128	City of Portsmouth AC	Paul Ingleby	50	No Mark	1.50 Kg	
	Lost						0

Javelin

Pool 1 - M35

Position	Club Code	Club Name	Athlete	Age Group	Result	Weight	Points
1	B	Basingstoke & Mid Hants AC	Ben Hazell	40	41.96	800 g	8
2	P	City of Portsmouth AC	Tony Hooker	35	38.09	800 g	7
3	J	Winchester & District AC	Paul Cox	50	23.04	800 g	6
4	C	Southampton AC	Kit Lau	45	22.81	800 g	5
5	A	Aldershot, Farnham & District AC	Dan Acheson	40	17.06	800 g	4
6	H	Havant AC	Paul Hillyard	70	15.43	800 g	3
7	O	Overton AC	Gareth Juliff	45	9.75	800 g	2
	Lost						1

Javelin

Pool 2 - M50

Position	Club Code	Club Name	Athlete	Age Group	Result	Weight	Points
1	J5	Winchester & District AC	Jeremy Clifton	50	31.95	700 g	8
2	B5	Basingstoke & Mid Hants AC	Ashley Ward	50	26.08	700 g	7
3	A5	Aldershot, Farnham & District AC	Ian Jennings	55	21.58	700 g	6
4	C5	Southampton AC	Peter Sansome	50	19.06	700 g	5
5	H5	Havant AC	Mark Scarborough	65	17.89	700 g	4
6	P5	City of Portsmouth AC	Paul Ingleby	50	8.91	700 g	3
	Lost						3

Javelin

Pool 3 - M60

Position	Club Code	Club Name	Athlete	Age Group	Result	Weight	Points
1	A6	Aldershot, Farnham & District AC	Allan Leiper	65	31.44	600 g	8
2	B6	Basingstoke & Mid Hants AC	Andrew Waddington	60	27.66	600 g	7
3	P6	City of Portsmouth AC	Richard Wheeler	60	24.17	600 g	6
4	C6	Southampton AC	Derek Warn	60	20.73	600 g	5
5	J6	Winchester & District AC	Andy Gannaway	60	15.36	600 g	4
6	H6	Havant AC	Pete Spencer	80	14.18	600 g	3
	Lost						3

Javelin

Pool 4 - Men Non-scoring

Position	Club Code	Club Name	Athlete	Age Group	Result	Weight	Points
1	138	Southampton AC	Kenny Oloro	60	14.55	600 g	
2	125	Southampton AC	Peter Haynes	75	13.34	600 g	
	Lost						0