SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - HAMPSHIRE DIVISION

M1	Track									Field									
Time	Event	Men				Women				Men				Off	Women				Off
18:30										Shot	35	50		C	Hammer	35	50		A
18:30										High Jump	35	50		B					
19:00	100m	A	B	50											Triple Jump	35	50		F
19:10	100m					A	B	50		Hammer	35	50		O					
19:20	2000m Walk	A		50		A		50											
19:40										Long Jump	35	50	60	J					
19:50	400m	A	B	50															
20:00	400m					A	B	50							High Jump	35	50	60	H
20:00															Javelin	35	50		P
20:10	1500m	A	B	50	60														
20:25	1500m					A	B	50	60										
20:35	4 x 100m	A																	
20:45	4 x 100m					A													

M2	Track									Field									
Time	Event	Men				Women				Men				Off	Women				Off
18:30										Discus	35	50	60	J	Long Jump	35	50		P
18:30										Pole Vault	35	50		C	Pole Vault	35	50		C
19:00	200m	A	B	50	60										Shot	35	50	60	F
19:10	200m					A	B	50											
19:20	800m	A	B	50						Javelin	35	50		H					
19:30	800m					A	B	50	60										
19:40	3000m	A	B	50	60					Triple Jump	35	50		O					
20:00															Discus	35	50		B
20:10	3000m					A	B	50											
20:40	4 x 400m	A																	
20:40	4 x 400m					A													

M3	Track									Field									
Time	Event	Men				Women				Men				Off	Women				Off
18:30										Hammer	35	50		F					
19:00	100m	A	B	50						High Jump	35	50		O	Triple Jump	35	50		H
19:10	100m					A	B	50											
19:20	3000m SC	A	B	50											Javelin	35	50	60	A
19:40	400m					A	B	50	60	Long Jump	35	50		B					
19:50	400m	A	B	50	60														
20:00	1500m					A	B	50		Shot	35	50	60	J	High Jump	35	50		P
20:00															Hammer	35	50		C
20:15	1500m	A	B	50															
20:30	Medley Relay	A																	
20:40	Medley Relay					A													

M4	Track									Field									
Time	Event	Men				Women				Men				Off	Women				Off
18:30										Discus	35	50		H	Shot	35	50		P
18:30										Pole Vault	35	50		A	Pole Vault	35	50		A
18:40	2000m Walk	A		50		A		50											
19:00										Triple Jump	35	50		J					
19:05	800m	A	B	50	60														
19:15	800m					A	B	50											
19:20															Discus	35	50		O
19:25	200m	A	B	50															
19:35	200m					A	B	50	60										
19:45	3000m	A	B												Long Jump	35	50	60	F
19:50										Javelin	35	50	60	B					
20:00	3000m			50	60														
20:20	3000m					A	B	50											
20:40	4 x 200m	A																	
20:50	4 x 200m					A													

Clubs:

A Aldershot, Farnham & District **B** Basingstoke & Mid Hants **C** Southampton **F** Fleet & Crookham

H Havant **O** Overton Harriers **P** City of Portsmouth **J** Winchester & District

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