M2	Track									Field									
Time	**Event**	**Men**				**Women**				**Men**				Off	**Women**				Off
18:30										Discus	35	50	60	J	Long Jump	35	50		P
18:30										Pole Vault	35	50		C	Pole Vault	35	50		C
19:00	200m	A	B	50	60										Shot	35	50	60	F
19:10	200m					A	B	50											
19:20	800m	A	B	50						Javelin	35	50		H					
19:30	800m					A	B	50	60										
19:40	3000m	A	B	50	60					Triple Jump	35	50		O					
20:00															Discus	35	50		B
20:10	3000m					A	B	50											
20:40	4 x 400m	A																	
20:40	4 x 400m					A													

Clubs:				
A Aldershot, Farnham & District	**B** Basingstoke & Mid Hants	**C** Southampton	**F** Fleet & Crookham	last updated 5 Apr 2022
H Havant	**O** Overton Harriers	**P** City of Portsmouth	**J** Winchester & District	